WHAT IS CLAIMED IS:

1. An information processing apparatus comprising:

a storage section to store data; and

an input/output control section to give and receive information to/from an input/output device based on the data stored in said storage section,

wherein said input/output control section gives instructions about electric power conditions to said input/output device, regardless of whether or not to transfer input data from said input/output device or output data to said input/output device.

2. An information processing apparatus according to claim 1, wherein said storage section stores a management table showing a relationship between times and electric power saving control instructions of the input/output device, and

said input/output control section gives the instructions to said input/output device according to said management table.

3. An information processing apparatus according to claim 1, wherein said instructions are given to allow predetermined electric power conditions to be maintained for a predetermined time period.

4. An information processing apparatus according to claim 1, wherein said input/output device is a display device, and

said instructions are given to limit brightness of the display device.

5. A program product executable by a computer for allowing an information processing apparatus to give instructions about electric power conditions to an input/output device, regardless of whether or not input data from said input/output device or output data to said input/output device is transferred.

6. A program product according to claim 5, wherein said input/output device is a display device, and

said output data is image data.

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7.   An information processing system comprising: an information processing apparatus comprising a storage section to store data; and an input/output device,

wherein said information processing apparatus comprises an input/output control section to give and receive information to/from said input/output device,

said input/output control section gives instructions about electric power conditions to said input/output device, regardless of whether or not input data from said input/output device or output data to said input/output device is transferred, and

said input/output device controls the electric power conditions based on said instructions.

8.   An information processing system according to claim 7, wherein said input/output device is an LCD comprising a backlight.

9.   An information processing system according to claim 8, wherein said input/output device is the LCD comprising the backlight, and

said LCD limits brightness of said backlight by reducing output electric power of an inverter for driving a cold-cathode tube or by shortening an illuminating time period in a lighting control cycle.

10.   An information processing method comprising the steps of: storing data in a storage section; and giving and receiving information to/from an input/output device by an input/output control section based on the data stored in said storage section,

wherein said input/output control section gives instructions about electric power conditions to said input/output device, regardless of whether or not input data from said input/output device or output data to said input/output device is transferred.

11.   An information processing method according to claim 10, further comprising the steps of:

storing a management table showing a relationship between times and electric power saving control instructions of the input/output device; and

giving instructions by said input/output control section to said input/output device according to said management table.

12. An information processing method according to claim 10, wherein said instructions are given to allow predetermined electric power conditions to be maintained for a predetermined time period.

13. An information processing method according to claim 10, wherein said input/output device is a display device, and

said instructions are given to limit brightness of the display device.

14. An information processing method comprising the steps of:

storing data in a storage section in an information processing apparatus; and

giving and receiving information between said information processing apparatus and an input/output device by an input/output control section,

wherein said input/output control section gives instructions about electric power conditions to said input/output device, regardless of whether or not to transfer input data from said input/output device or output data to said input/output device, and

said input/output device controls the electric power conditions based on said instructions.

15. An information processing method according to claim 14, wherein said input/output device is an LCD comprising a backlight.

16. An information processing method according to claim 15, wherein said input/output device is the LCD comprising the backlight, and

said LCD limits brightness of said backlight by reducing output electric power of an

inverter for driving a cold-cathode tube or by shortening
an illuminating time period in a lighting control cycle.

17.   An information processing method according to
claim 10, wherein said input/output device is a speaker,
and said instructions are given to reduce an output of
said speaker during a predetermined time period.

18.   An electric power reduction monitor management
method, wherein a task management application program for
relating times to power saving settings of the monitor
device is stored in a computer terminal in advance and
electric power saving control of said monitor device is
performed according to the settings of said task
management application program, even when a video signal
is input to said monitor device from said computer
terminal.